

Cornwall Events Guide

August 2017



It is always advisable to check with the venue before starting your journey.

☎ 01208 76616. Large print version available – Please ask

This events list has been compiled by Bodmin Information Centre, Tourism Award winners since 2002 and current Silver Winners at the Cornwall Tourism Awards and South West Tourism Awards.

August

(if you would like a large print version, please don't hesitate to ask us)

Date	Details
Tues 1st	<p>Art Exhibition & Sale by Rebecca Roberts at The Shire Hall Gallery PL31 2DQ. Bodmin Information Centre, Shire Hall, Mount Folly. Open for viewings Mon – Fri 8.45am – 5pm and Sat 10am – 5pm until 2nd September. Free Admission.</p> <p>St. Endellion Festival 26th July – 4th August PL29 3TP. St Endellion Church, Nr Port Isaac. The beautiful church of St Endelienta becomes the concert venue for some of the most prestigious soloists and musicians in the UK. For more details www.endellionfestivals.org.uk or ☎ 01208 880298.</p> <p>Grand Medieval Jousts at Pendennis Castle, Falmouth – 2nd TR11 4LP. Feel the heat of the contest as magnificent knights on horseback clash at the greatest event of medieval life. 11am – 5pm. www.english-heritage.org.uk/visit/places/pendennis-castle</p> <p>Murder Mystery at Bodmin & Wenford PL31 1AQ. Bodmin General Station. Solve a murder mystery whilst enjoying a steam train journey through the beautiful Cornish countryside. £19.50 per adult, £10.00 per child, £55.00 per family. - includes journey, murder mystery & pasty supper. Trains depart 7:30pm, booking essential www.bodminrailway.co.uk or ☎ 01208 73555.</p> <p>Newquay Crab Fest with Cornwall Good Seafood Guide Newquay Harbour. Discover Newquay's sustainable seafood secret, meet the fishermen, learn how crabs are caught and how to cook them, take the crab taste test. Free event. There is a charge for boat trips.</p>
Wed 2nd	<p>Cornwall's Children's Festival Play Fest – 3rd TR1 1SG. Boscawen Park, Malpas, Truro. Fun for all the family, including; Circus Workshops, Food and Craft Stalls, Arts and Crafts, Green Craft, Story Telling, Dance, Live Music, Fun Fair and more... 10am-5pm. Free entry but valid wrist band required for some activities, £2 for circus activities, £3 all other activities per day. For more information ☎ 01326 77008 or www.play-fest.co.uk</p> <p>Get Crafty! At Polzeath Beach PL22 6TB. 10.30am – 12.30pm Marine themed arts and crafts sessions. All welcome, no booking required. Free for Polzeath Marine Conservation Group members or £2 per child. For more information on this event and others please visit www.polzeathmarineconservation.com</p> <p>Bodmin Women's Running Club Meet every Wednesday at 6pm at various locations around Bodmin. Can be contacted via their website at www.bodminwomensrunningclub.co.uk or ☎ 07722354877.</p> <p>Sterts Theatre - Miracle Theatre presents The Third Policeman PL14 5AZ. Flann O'Brien's scorching wit and delicious turn of phrase, combined with Miracle's delight in physical comedy and absurdity make this an evening not to miss. To book www.sterts.co.uk or ☎ 01579 362382.</p> <p>Camelford Farmers' Market PL32 9QX. Camelford Hall 12-4pm. Contact katie.farnell1@btinternet.com</p>
Thurs 3rd	<p>Walking Lanhydrock – Weekly guided walks of the Lanhydrock estate PL30 5AD. Discover areas you may not have been before or learn something new about Lanhydrock. Meet us on Thursdays outside reception at 2pm. Everyone is welcome, including dogs. Call ☎ 01208</p>

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	<p>265278 for details or visit www.nationaltrust.org.uk/lanhydrock</p> <p>Sterts Theatre – Squash box presents The Sea Show PL14 5AZ. Storytelling with puppets and songs for families with young children. Starts 2pm To book www.sterts.co.uk or ☎ 01579 362382.</p> <p>Music for a Summer Evening with St Breward Town Band PL29 3RH. The Platt, Middle Street, Port Isaac. Free event 7:45pm-10:00pm.</p> <p>Sing along the River at The Parade, Lostwithiel PL22 0BN. Sing along the River is a celebration of Cornish community music with a wide range of choirs, brass bands, shanty and folk groups. See www.lostinsong.org</p> <p>Beach Clean Masterpieces with Cornwall Wildlife Trust Porthtowan Beach by CWT flag – 10am to 12 noon. Help our team clean the awesome Beach and then use our colourful plastic finds to create pieces of art. Booking required contact Abby at abby.crosby@cornwallwildlifetrust.org.uk or ☎ 01872 302230.</p>
Fri 4th	<p>Sterts Theatre- Illyria presents The Mikado IPL14 5AZ. Illyria returns with a comic opera set in Japan, but with satire blisteringly relevant to many political landscapes. An evening to put a silly smile on your face and a song in your heart! Starts 7.30pm To book go to www.sterts.co.uk or ☎ (01579) 362382.</p> <p>Bodmin Folk Club PL31 2DL. Bodmin Band & Social Club, Honey Street. 8:15pm start. Open House (Members £3.00 Non Members £3.50) For more information www.bodminfolk.co.uk</p> <p>Falmouth Week – 13th TR11 2EA. Six days of match racing for keelboats, traditional craft and dinghies. Onshore there are activities for everyone: a Red Arrows display, themed party nights, Science in the Square, and the Falmouth Week Carnival Parade. For more details see www.falmouthweek.co.uk</p> <p>Bodmin Lions Bingo PL31 2DQ. Shire House Suite, Bodmin. Starts at 7:30pm. For more details call ☎ (01208) 73001.</p> <p>First Class Evening Dining Trains PL31 1AQ. Excellent food and drink together with first class dining service on a steam hauled train, providing a unique and memorable experience. Booking is essential tickets are £44.50 per person £35.00 for children (3-16yrs). To book ☎ 01208 73555 or visit www.bodminrailway.co.uk</p> <p>Open Air Movie Mornings – At the Beehive, Bodmin PL31 2DR. Summer holiday Friday's at 11am, this week the film is 'Sing' £2.50 per child including a drink and a biscuit. Child must be accompanied by an adult at all times. For more details check our face book page ☎ (01208) 78778.</p> <p>Snorkelling in a Rockpool Polzeath. 9am to 12 noon. Learn to snorkel session in the safety and beauty of a Cornish rockpool. Bring your own mask, snorkel and well fitting wetsuit. Children £5, accompanied by adults on land. 6-11 years only. Booking essential contact (01872) 273939 or foxclub@cornwallwildlifetrust.org.uk</p>
Sat 5th	<p>Creation Fest – Royal Cornwall Showground, Wadebridge – 11th August PL27 7JE. A FREE event, with a mix of Christian music and teaching, interspersed with fun, sports and activities around the showground. For more info: ☎ 01566 779417 www.creationfest.org.uk</p>

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	<p>Lanhydrock Park Run PL30 5AD. National Trust Lanhydrock. FREE timed 5k run, walk, jog, every Saturday at 9am. Just register with park run first www.parkrun.org.uk/lanhydrock/. Print off your barcode, turn up and take part!</p> <p>Pinsla Garden and Nursery Cardinham - 6th PL30 4AY. Romantic 11/2-acre artist's garden set in tranquil woodland. Naturalistic cottage garden surrounds our C18 fairytale cottage. Wheelchair access limited as some paths are narrow and bumpy.</p>
Sun 6th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07:30am. Proceeds to Bodmin Youth Football Team.</p> <p>Mount Edgumbe American and Classic Car Show nr Torpoint PL10 1HZ. All proceeds to Cornwall Hospice Care and Friends of Mount Edgumbe Country Park. 500 American and Classic cars, a craft fair, stalls car boot fair, amusements, refreshments, licensed bar, live music. Standard Ad. – Free, Car Parking - £5, Ad. with classic car – Free.</p> <p>Bodmin and Wenford Cornish Belle Steam and Cream Train PL31 1AQ. Enjoy a cream tea of locally sourced produce served at your seat in our first class dining train. Trains depart in the afternoon and travel the whole length of the line. Tickets Adult £19.50 Child £10 each Book online at www.bodminrailway.co.uk/events or ☎ 01208 73555 for further details.</p> <p>Fun Dog Show Priory Park PL31 2AE Open at 10am Classes start at 11am. Refreshments available.</p>
Mon 7th	<p>Art Exhibition & Sale by Rebecca Roberts at The Shire Hall Gallery PL31 2DQ. Bodmin Information Centre, Shire Hall, Mount Folly. Open for viewings Mon – Fri 8.45am – 5pm and Sat 10am – 5pm until 2nd September. Free Admission.</p>
Tues 8th	<p>Art Exhibition & Sale by Kerris at The Shire Hall Gallery PL31 2DQ. Bodmin Information Centre, Shire Hall, Mount Folly. Open for viewings Mon – Fri 8.45am – 5pm and Sat 10am – 5pm until 18th August. Free Admission.</p> <p>Murder Mystery at Bodmin & Wenford PL31 1AQ. Bodmin General Station. Solve a murder mystery whilst enjoying a steam train journey through the beautiful Cornish countryside. £19.50 per adult, £10.00 per child, £55.00 per family. - includes journey, murder mystery & pasty supper. Trains depart 7:30pm, booking essential www.bodminrailway.co.uk or ☎ 01208 73555.</p> <p>Grand Medieval Jousts at Pendennis Castle, Falmouth – 9th TR11 4LP. Feel the heat of the contest as magnificent knights on horseback clash at the greatest event of medieval life. 11am – 5pm. www.english-heritage.org.uk/visit/places/pendennis-castle</p> <p>Polzeath Rock Pool Rambles PL22 6TB 11.30am – 1.30pm Discover the wonders of the rock pools. All welcome, please wear suitable footwear and please no nets as we use hands and buckets. Booking essential via polzeathmc@gmail.com or ☎ 07779 896650. Free for Polzeath Marine Conservation Group members or £2 per person. For more info please visit www.polzeathmarineconservation.com</p> <p>Sterts Theatre – Little Trebiggan presents Wennie and Jago's Giant Adventure PL14 5AZ. The Giants of old folklore have been unleashed into modern day Cornwall and are creating havoc. Join Wennie and Jago on their journey as they try to banish the giants and help them to unlock the riddles, in this light-hearted adventure. Starts 2pm. To book www.sterts.co.uk or ☎ (01579) 362382.</p>

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	<p>Something Fishy with Cornwall Wildlife Trust Port Isaac 10.00am to 1.00pm. Visit the historic fishing village and their fish market, we will have a go at catching our own gobies with the Trust's fish traps. Booking is required ☎(01872 273030) or foxclub@cornwallwildlifetrust.org.uk</p>
Wed 9th	<p>Camelford Agricultural Show £10 adults and £4 for children under 12. Children under 4years – Free. For more info - www.camelfordshow.co.uk</p> <p>Boardmasters Surf, Skate and Music Festival – 13th TR7 1HS. Fistril Beach, Watergate Bay, Towan Headland, Newquay. Boardmasters returns for another full festival weekend of beachside living! The best in action sports and music. For full line up and to book tickets visit www.boardmasters.co.uk</p> <p>Get Crafty! At Polzeath Beach PL22 6TB. 10.30am – 12.30pm Marine themed arts and crafts sessions. All welcome, no booking required. Free for Polzeath Marine Conservation Group members or £2 per child. For more info please visit www.polzeathmarineconservation.com</p> <p>British Firework Championship - 10th PL10 1HZ. Cremyll, Torpoint. Join us at Mount Edgcumbe to watch this year's firework competition held annually on the Hoe in Plymouth.</p> <p>Guided Walks around Lostwithiel PL22 0HA. Meet at Lostwithiel community centre at 2pm. £3.50. Weather permitting. Please call ☎ 01208 873341 for more details. Organized by Lostwithiel Museum Association.</p> <p>Bodmin Women's Running Club Meet every Wednesday at 6pm at various locations around Bodmin. Can be contacted via their website at www.bodminwomensrunningclub.co.uk or ☎ 07722354877.</p> <p>Sterts Theatre – Boxtree presents Wind in the Willows PL14 5AZ. Join us for an evening of exciting family theatre and enjoy this classic British story. Meet Mole as he says 'dang' and 'blast it', throws down his broom and sets off on an adventure. Starts 5.30pm Book on www.sterts.co.uk or ☎ 01579 362382.</p> <p>Camelford Farmers' Market PL32 9QX. Camelford Hall 12-4pm. Contact katie.farnell1@btinternet.com</p> <p>Bodmin Gaolbirds WI PL31 1EG. Now meeting at Cornwall's Regimental Museum, The Keep, Bodmin at 7pm. Social Evening Bingo and Picnic, All welcome. For information contact Shirley Trewin on ☎ 01208 592155.</p>
Thurs 10th	<p>Music for a Summer Evening with St Breward Town Band PL29 3RH. The Platt, Middle Street, Port Isaac. Free event 7:45pm-10:00pm.</p> <p>Polzeath Rock Pool Rambles PL22 6TB. 1pm – 3pm Discover the wonders of the rock pools. All welcome, please wear suitable footwear and please no nets as we use hands and buckets. Booking essential via polzeathmc@gmail.com or ☎ 07779 896650. Free for Polzeath Marine Conservation Group members or £2 per person. For more info www.polzeathmarineconservation.com</p> <p>Walking Lanhydrock – Weekly guided walks of the Lanhydrock estate PL30 5AD. Discover areas you may not have been before or learn something new about Lanhydrock.</p>

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	<p>Meet us outside reception at 2pm. Everyone is welcome, including dogs. Just make sure you are wearing appropriate footwear. Call ☎ 01208 265278 for details www.nationaltrust.org.uk/lanhydrock</p> <p>Sing along the River at The Parade, Lostwithiel PL22 0BN. Sing along the River is a celebration of Cornish community music with a wide range of choirs, brass bands, shanty and folk groups. See www.lostinsong.org</p>
Fri 11th	<p>Bodmin Folk Club PL31 2DL. Bodmin Band & Social Club, Honey Street. 8:15pm start. Martin Carthy performing. Tickets Members £8.50 Non members £10. For more information www.bodminfolk.co.uk</p> <p>Bodmin Lions Bingo PL31 2DQ. Shire House Suite, Bodmin, Starts at 7:30pm. For more details call ☎ 01208 73001.</p> <p>Bodmin and Wenford Cornish Belle Steam and Cream Train PL31 1AQ. Enjoy a cream tea of locally sourced produce served at your seat in our first class dining train. Trains depart in the afternoon and travel the whole length of the line. Tickets Adult £19.50 Child £10 each. Book online at www.bodminrailway.co.uk/events or ☎ 01208 73555 for further details.</p> <p>Hits from the Blitz at Pencarrow Estate PL30 3AG. Gates open 6pm start at 7pm. Company B will be playing again as well as The Liberty Sisters. Tickets £12 adults (in advance) £15 on the gate, £5 for children. Bring a picnic, seating and enjoy the atmosphere and don't forget to dress in 1940's style!!</p> <p>Open Air Movie Mornings – At the Beehive, Bodmin PL31 2DR. Summer holiday Friday's at 11am, this week it is 'Lego Batman Movie' £2.50 per child, includes a drink and biscuit. Child must be accompanied by an adult at all times. For more details check our face book page or (01208) ☎ 78778.</p> <p>Radical Rock pooling with Cornwall Wildlife Trust Hannafore Point, Looe 2pm to 4pm. Join the Shore Beach Rangers team on a rocky shore adventure, climbing over rocks experience rock pools in a whole new way. Booking is required. Email nat.gibb@cornwallwildlifetrust.org.uk</p>
Sat 12th	<p>Lanhydrock Park Run PL30 5AD. National Trust Lanhydrock. FREE timed 5k run, walk, jog, every Saturday at 9am. Just register with park run first www.parkrun.org.uk/lanhydrock/ print off your barcode, turn up and take part!</p> <p>Sterts Theatre presents The Magic of the Bee Gees PL14 5AZ. It's the Bee Gees entire glittering career wrapped up in one spectacular live concert. Enjoy all the Bee Gees' million selling hits drawn from three chart-topping decades. Starts 7.30pm To book www.sterts.co.uk or ☎ 01579 362382.</p>
Sun 13th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07:30am. Proceeds to Bodmin Youth Football Team.</p> <p>Lost Gardens of Heligan – Wild Food Wild Walk PL26 6EN. Get back to nature with an experienced forager –Emma Gunn. Explore the wild side of Heligan Estate. Discover how to identify wild plants for culinary use and learn about their fascinating history. Starts 11am- 1pm Meet at reception. Please book your place as numbers are limited on ☎ 01726 845100. Garden visitors - £20, children (up to 17yrs old) - £10 Friends of Heligan - £10</p> <p>Fowey Regatta and Carnival Week – 19th PL23 1JD. One of Britain's premier sailing events – it's also a fun-filled week for all the family. Events</p>

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	<p>include a midweek Carnival and spectacular firework display over the harbour (Sat). For more info - ☎ 01726 833573 / www.foweyroyalregatta.co.uk</p> <p>Bodmin and Wenford Cornish Belle Steam and Cream Train PL31 1AQ. Enjoy a cream tea of locally sourced produce served at your seat in our first class dining train. Trains depart in the afternoon and travel the whole length of the line. Tickets Adult £19.50 Child £10 each book online at www.bodminrailway.co.uk/events or ☎ 01208 73555 for further details.</p>
Mon 14th	<p>Art Exhibition & Sale by Rebecca Roberts at The Shire Hall Gallery PL31 2DQ. Bodmin Information Centre, Shire Hall, Mount Folly. Open for viewings Mon – Fri 8.45am – 5pm and Sat 10am – 5pm until 2nd September. Free Admission.</p> <p>Jamaica Inn – Murder Mystery Evening PL15 7TS. The perfect setting for an evening of exciting entertainment solving a mystery portrayed dramatically by actors whilst you enjoy a three course meal. Tickets are £35 per person. Always a popular night so early booking is advised please ☎ 01566 86250 or more details visit www.jamaicainn.co.uk</p> <p>Bodmin dementia-friendly walking group PL22 0LP. Come and join us for a walk at 2.30pm -4.30pm at Gill’s house – Bofarnel Barn, Lostwithiel.</p>
Tues 15th	<p>Art Exhibition & Sale by Kerris at The Shire Hall Gallery PL31 2DQ. Bodmin Information Centre, Shire Hall, Mount Folly. Open for viewings Mon – Fri 8.45am – 5pm and Sat 10am – 5pm until 18th August. Free Admission.</p> <p>Murder Mystery at Bodmin & Wenford Railway PL31 1AQ. Bodmin General Station. Solve a murder mystery whilst enjoying a steam train journey through the beautiful Cornish countryside. £19.50 per adult, £10.00 per child, £55.00 per family. - includes journey, murder mystery & pasty supper. Trains depart 7:30pm, booking essential www.bodminrailway.co.uk or ☎ 01208 73555.</p> <p>Grand Medieval Jousts at Pendennis Castle, Falmouth – 16th TR11 4LP. Feel the heat of the contest as magnificent knights on horseback clash at the greatest event of medieval life. 11am – 5pm. www.english-heritage.org.uk/visit/places/pendennis-castle</p> <p>Sterts Theatre- Festival Players present Merry Wives of Windsor PL14 5AZ. The Festival Players Theatre Company brings you this hilarious and colourful comedy in an all-male, fast paced costumed production – a summer feast of farce! Starts 7.30pm To book visit www.sterts.co.uk or ☎ 01579 362382.</p> <p>Jamica Inn – Ghost Hunt PL15 7TS. A night of paranormal investigating where you become the investigator. Call ☎ 01566 86250 to book your ticket. The event finishes at 3am. For more details visit www.jamaicainn.co.uk</p>
Wed 16th	<p>Camelford Farmers’ Market PL32 9QX. Camelford Hall 12-4pm. Contact katie.farnell1@btinternet.com</p> <p>Get Crafty! At Polzeath Beach PL22 6TB. 10.30am – 12.30pm Marine themed arts and crafts sessions. All welcome, no booking required. Free for Polzeath Marine Conservation Group members or £2 per child. For more information on this event and others please visit www.polzeathmarineconservation.com</p> <p>Bodmin Women’s Running Club Meet every Wednesday at 6pm at various locations around Bodmin. Can be contacted via their website</p>

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	<p>at www.bodminwomensrunningclub.co.uk or ☎ 07722354877.</p> <p>Guided Walks around Lostwithiel PL22 0HA. Meet at Lostwithiel community centre at 2pm. £3.50. Weather permitting. Please call ☎ 01208 873341 for more details.</p>
Thur 17 th	<p>Music for a Summer Evening with St Breward Town Band PL29 3RH. The Platt, Middle Street, Port Isaac. Free event 7:45pm-10:00pm</p> <p>Walking Lanhydrock – Weekly guided walks of the Lanhydrock estate PL30 5AD. Discover areas you may not have been before or learn something new about Lanhydrock. Meet us outside reception at 2pm. Everyone is welcome, including dogs. Just make sure you are wearing appropriate footwear. Call ☎ 01208 265278 for details www.nationaltrust.org.uk/lanhydrock</p> <p>Sing along the River at The Parade, Lostwithiel PL22 0BN. Sing along the River is a celebration of Cornish community music with a wide range of choirs, brass bands, shanty and folk groups. See www.lostinsong.org</p> <p>The Lost World – Illyria at Sterts Theatre PL14 5AZ. Prehistoric thrills, monster laughs and life-sized dinosaurs abound in this brilliant show of the summer! Suitable for children aged 7+ and their families. Starts 7.30pm Tickets Adults £13, Concs £11, Children £9 For more information visit www.sterts.co.uk or ☎ 01579 362382.</p> <p>Poetry Postie – At the Cornwall Regimental Museum PL31 1EG. Postal Service of Happiness held at the Museum. Come along and meet the parcel pets and make your own to take home with you, there is no extra charge for this event, the usual rates apply. Activities take place between 12.00 – 4pm.</p>
Fri 18th	<p>Bodmin Folk Club PL31 2DL. Bodmin Band & Social Club, Honey Street. 8:15pm start. Open House (Members £3.00 Non Members £3.50) For more information www.bodminfolk.co.uk</p> <p>Cornish Steam and Country Fair at Stithians Showground - 20th TR3 7DP. Includes Bouncy Castle, heavy horse working demonstrations, craft fair, old time fun fair, spectacular birds of prey flying display, dog agility show, food and drinks stalls. For more info www.weses.co.uk or ☎ 01209 713935.</p> <p>Bodmin Lions Bingo PL31 2DQ. Shire House Suite, Bodmin, Starts at 7:30pm. For more details call ☎ 01208 73001.</p> <p>First Class Evening Dining Trains at Bodmin & Wenford Railway PL31 1AQ. Excellent food and drink together with first class dining service on a steam hauled train, providing a unique and memorable experience. Booking is essential. Tickets - £44.50 per person £35.00 for children (3-16yrs). To book ☎ 01208 73555 or visit www.bodminrailway.co.uk</p> <p>Children’s Hospice Pencarrow Garden Trail PL30 3AG. Join in the gardens in support of the South West Children’s Hospice, all garden entry fees will be donated to the Children’s Hospice. The Peacock Café and Shop will also be open. Adults £5 Under 16’s Free. For more details visit www.pencarrow.co.uk</p> <p>Open Air Movie Mornings – At the Beehive, Bodmin PL31 2DR. Summer holiday Friday’s at 11am different children’s films each week, £2.50 per child. Child must be accompanied by an adult at all times. For more details check our face book page or ☎ 01208 78778.</p>

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Sat 19th	<p>Bodmin Farmers Market PL30 5JU. Bodmin Plant Nursery, Laveddon Mill, Nr Bodmin 10am – 2pm. Lots of locally produced food and more. For more info: visit www.bodminnursery.co.uk or ☎ 01208 72837.</p> <p>Lanhydrock Park Run PL30 5AD. National Trust Lanhydrock. FREE timed 5k run, walk, jog, every Saturday at 9am. Just register with park run first www.parkrun.org.uk/lanhydrock/ print off your barcode, turn up and take part! Park run is brought to you by volunteers.</p> <p>Sterts Theatre – Jim Causley Trio PL14 5AZ. Enjoy an evening with one of the most well-loved and respected figures of today's contemporary roots and folk music scene. Jim will be joined by the renowned Devon fiddle duo of Nick Wyke and Becki Driscoll. Starts 7.30pm To book www.sterts.co.uk or ☎ 01579 362382.</p> <p>Bodmin Carnival PL31 1FB. Procession to assemble at the Fair Park at 5.30pm and expecting to finish by 8.30pm in Priory Park.</p> <p>Little Wrens Wardrobe Summer event – Shire House Suite, Bodmin PL31 2DQ. Come and select for FREE of charge items, open to everyone, regardless of if you are currently working or not. We have clothes from baby to 16 yr old, school uniform, shoes, toys, books, bedding. We are a small community project run entirely by volunteers. Open 12.00 mid-day – 2.30pm. Come and say hello and share a cuppa with us.</p>
Sun 20th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07:30am. Proceeds to Bodmin Youth Football Team.</p> <p>Open Gardens for Cornwall Wildlife Trust at Bolts Quarry Farm, St Breward PL30 4NY. Open 2pm – 5pm Visit this 2 acre gardens, incorporating Pond and Bog garden, Quarry garden, Wildlife area and shrub area and a 'Front Garden' with perennial planted borders. Entry £5 Dogs on leads are allowed.</p> <p>Bodmin and Wenford Railway - Cornish Belle Steam and Cream Trains PL31 1AQ. Enjoy a cream tea of locally sourced produce served at your seat in our first class dining train. Trains depart in the afternoon and travel the whole length of the line. Tickets: Adult £19.50 Child £10 each Book online at www.bodminrailway.co.uk/events or</p> <p>Bodmin Bake Off –At the Beehive, Bodmin PL31 2DR. Register by the 17th and bring your cake by 10am Adult and junior Categories To enter Adult £3.00 and Junior – £1.50. For more details find us on Face book or ☎9012080 78778.</p>
Mon 21st	<p>Art Exhibition & Sale by Rebecca Roberts at The Shire Hall Gallery PL31 2DQ. Bodmin Information Centre, Shire Hall, Mount Folly. Open for viewings Mon – Fri 8.45am – 5pm and Sat 10am – 5pm until 2nd September. Free Admission.</p> <p>Polzeath Rock Pool Rambles PL22 6TB. 11am – 1pm Discover the wonders of the rock pools. All welcome, please wear suitable footwear and please no nets as we use hands and buckets. Booking essential via polzeathmc@gmail.com or ☎ 07779 896650. Free for Polzeath Marine Conservation Group members or £2 per person. For more info www.polzeathmarineconservation.com</p> <p>Sterts Theatre CAMP theatre presents Quartet</p>

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	<p>PL14 5AZ. The ever popular Camp Theatre presents this heart-warming bittersweet comedy about four ageing opera singers in a care home which inspired the very successful film. Starts 7.30pm To book www.sterts.co.uk or ☎ 01579 362382.</p>
Tues 22 nd	<p>Murder Mystery at Bodmin & Wenford PL31 1AQ. Bodmin General Station. Solve a murder mystery whilst enjoying a steam train journey through the beautiful Cornish countryside. £19.50 per adult, £10.00 per child, £55.00 per family. - includes journey, murder mystery & pasty supper. Trains depart 7:30pm, booking essential www.bodminrailway.co.uk or ☎ 01208 73555.</p> <p>Sterts Theatre – Squashbox presents Tales from the Trees PL14 5AZ. Trees are awesome! They shelter us and protect us, they enchant us with their mystery and beauty, and they inspire our stories, myths and fairy tales. Suitable for children aged 5+ and their families Starts 2.00pm To book www.sterts.co.uk or ☎ 01579 362382.</p> <p>Hansel and Gretel at the Lost Gardens of Heligan with Cscape 22nd – 26th and 29th – 2nd Sept PL26 6EN. Hansel and Gretel are in the depths of a magical woodland and desperate to find their way home. Join them on a journey through the gardens, on this evocative, surprising and memorable experience for all the family. For more details visit www.heligan.com</p>
Wed 23 rd	<p>Bodmin Women’s Running Club Meet every Wednesday at 6pm at various locations around Bodmin. Can be contacted via their website at www.bodminwomensrunningclub.co.uk or ☎ 07722354877.</p> <p>Get Crafty! At Polzeath Beach PL22 6TB. 10.30am – 12.30pm Marine themed arts and crafts sessions. All welcome, no booking required. Free for Polzeath Marine Conservation Group members or £2 per child. For more information on this event and others please visit www.polzeathmarineconservation.com</p> <p>Guided Walks around Lostwithiel PL22 0HA. Meet at Lostwithiel community centre at 2pm. £3.50. Weather permitting. Please call ☎ 01208 873341 for more details.</p> <p>Camelford Farmers’ Market PL32 9QX. Camelford Hall 12-4pm. Contact katie.farnell1@btinternet.com</p> <p>Bodmin Gaolbirds WI PL31 1EG. Now meeting at Cornwall’s Regimental Museum, The Keep, Bodmin at 7pm Craft Club – Polymer Clay All welcome For more information contact Shirley Trewin on ☎ 01208 592155.</p>
Thurs 24 th	<p>Cornwall Folk Festival – 28th PL27 7NQ. Wadebridge. With live music from Dougie Maclean, Cara Dillon, Dosca, Phillips, 3 Daft Monkeys and more. For more info – www.cornwallfolkfestival.com</p> <p>Polzeath Rock Pool Rambles PL22 6TB. 1pm – 3pm Discover the wonders of the rock pools. All welcome, please wear suitable footwear and please no nets as we use hands and buckets. Booking essential via polzeathmc@gmail.com or ☎ 07779 896650. Free for Polzeath Marine Conservation Group members or £2 per person. For more information visit www.polzeathmarineconservation.com</p> <p>Jamica Inn – Murder Mystery Evening PL15 7TS. The perfect setting for an evening of exciting entertainment solving a mystery portrayed dramatically by actors whilst you enjoy a three course meal. Tickets are £35 per person. Booking is advised ☎ 01566 86250 or more details visit www.jamicainn.co.uk</p>

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	<p>Music for a Summer Evening with St Breward Town Band PL29 3RH. The Platt, Middle Street, Port Isaac. Free event 7:45pm-10:00pm.</p> <p>Sing along the River at The Parade, Lostwithiel PL22 0BN. Sing along the River is a celebration of Cornish community music with a wide range of choirs, brass bands, shanty and folk groups. See www.lostinsong.org</p> <p>Walking Lanhydrock – Weekly guided walks of the Lanhydrock estate PL30 5AD. Discover areas you may not have been before or learn something new about Lanhydrock. Meet us outside reception at 2pm. Everyone is welcome, including dogs. Just make sure you are wearing appropriate footwear. Call ☎ 01208 265278 for details www.nationaltrust.org.uk/lanhydrock</p>
Fri 25th	<p>Jamica Inn – Ghost Hunt PL15 7TS. A night of paranormal investigating where you become the investigator. Call ☎ (01566) 86250 to book your ticket. The event finishes at 3am. For more details visit www.jamaicainn.co.uk</p> <p>Sterts Theatre- Heartbreak presents Billionaire Boy PL14 5AZ. Be part of the fun at Heartbreak’s adaption of David Walliams’ bestselling book. This charming tale tells how Mr Spud made and lost billions and how his son Joe became the richest boy in the world! For children aged 7+ and their families. Starts 5.00pm To book www.sterts.co.uk or ☎ 01579 362382.</p> <p>Bodmin Folk Club PL31 2DL. At the Cornwall Folk Festival, Wadebridge. For more information www.bodminfolk.co.uk</p> <p>Bodmin Lions Bingo PL31 2DQ. Shire House Suite, Bodmin, Starts at 7:30pm. For more details call ☎ 01208 73001.</p> <p>First Class Evening Dining Trains at Bodmin & Wenford Railway PL31 1AQ. Excellent food and drink together with first class dining service on a steam hauled train, providing a unique and memorable experience. Booking is essential tickets are £44.50 per person £35.00 for children (3-16yrs). To book ☎ 01208 73555 or visit www.bodminrailway.co.uk</p> <p>Morval Vintage Steam Rally – 27th PL31 1PQ. Bray Farm, Nomansland, Nr Looe 10.30am – 6pm. Free parking, Adults £5 Children over seven £3 Under 7s Free. A working vintage steam rally with vintage tractors, cars, motorbikes, military vehicles, trade stands, craft tents, food and more. For more information www.morval-vintage-rally.co.uk</p> <p>Open Air Movie Mornings – At the Beehive, Bodmin PL31 2DR Summer holiday Friday’s at 11am different children’s films each week, £2.50 per child. Child must be accompanied by an adult at all times. For more details check our face book page or telephone ☎ 01208 78778.</p>
Sat 26th	<p>Lanhydrock Park Run PL30 5AD. National Trust Lanhydrock. FREE timed 5k run, walk, jog, every Saturday at 9am. Just register with park run first http://www.parkrun.org.uk/lanhydrock/ .Print off your barcode, turn up and take part!</p> <p>Cornwall Pride – Newquay TR7 UK. An annual chance for LGBT people in Cornwall, their friends and family to get together and celebrate diversity. The procession starts at Beach Road Car Park at midday. For more info: www.cornwallpride.com</p> <p>Roses of No Man’s Land 26th – 28th August</p>

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	<p>WWI Field Hospital (Living History Weekend) Join us at the Cornwall Regimental Museum for a week-end full of fun and entertainment, as the Roses of No Man's Land bring this authentic WWI field hospital is staffed by real nurses and a medical officer who will be on site to construct fake wounds! Each afternoon there will be a fascinating talk on 'Nurses and Medics'</p>
Sun 27th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07:30am. Proceeds to Bodmin Youth Football Team.</p> <p>Bodmin and Wenford Cornish Belle Steam and Cream Trains PL31 1AQ. Enjoy a cream tea of locally sourced produce served at your seat in our first class dining train. Trains depart in the afternoon and travel the whole length of the line. Tickets Adult £19.50 Child £10 each Book online at www.bodminrailway.co.uk/events or ☎ 01208 73555 for further details.</p> <p>Open Air Cinema – Siblyback Lake 'The Sword in the Stone' PL14 6ER. Walt Disney's classic. Gates open 6pm. Film starts 8.30pm Adults £7.50, children (under 16) £5.00, Family of four £20.</p>
Mon 28th	<p>Bank Holiday</p> <p>No Dementia walk as Bank Holiday</p> <p>Art Exhibition & Sale by Rebecca Roberts at The Shire Hall Gallery PL31 2DQ. Bodmin Information Centre, Shire Hall, Mount Folly. Open for viewings Mon – Fri 8.45am – 5pm and Sat 10am – 5pm until 2nd September. Free Admission.</p> <p>Newlyn Fish Festival TR18 5JR. For fish fans, you can see one of the biggest displays of fish, watch a rolling programme of cookery demos by top local chefs and watch the Cornish fishmonger of the year competition. There are 3 music stages, plenty of boats, gig sprinting, children rides and arts and crafts stalls and more! For more information www.newlynfishfestival.org.uk</p>
Tues 29th	<p>Murder Mystery at Bodmin & Wenford PL31 1AQ. Bodmin General Station. Solve a murder mystery whilst enjoying a steam train journey through the beautiful Cornish countryside. £19.50 per adult, £10.00 per child, £55.00 per family. - includes journey, murder mystery & pasty supper. Trains depart 7:30pm, booking essential www.bodminrailway.co.uk or ☎ 01208 73555.</p>
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Thurs 31st	<p>Sing along the River at The Parade, Lostwithiel PL22 0BN. Sing along the River is a celebration of Cornish community music with a wide range of choirs, brass bands, shanty and folk groups. See www.lostinsong.org</p> <p>Walking Lanhydrock – Weekly guided walks of the Lanhydrock estate PL30 5AD. Discover areas you may not have been before or learn something new about Lanhydrock. Meet us outside reception at 2pm. Everyone is welcome, including dogs. Just make sure you are wearing appropriate footwear. Call ☎ 01208 265278 for details www.nationaltrust.org.uk/lanhydrock</p>