

# Cornwall Events Guide

## July 2018

A vibrant red poster for the Alstock 2018 festival. At the top, the word 'Alstock' is written in large, white, stylized letters with a red guitar neck forming the letter 'l'. The year '2018' is in yellow. Below the title, it says 'Sponsored by: H&R SCAFFOLDING (SW) LTD'. The poster is divided into several sections. On the left, it lists the venue 'Priory Park, Bodmin', the date 'Sat 14th July', and the start time 'Doors Open 12.00 noon'. It also provides ticket prices: 'Saturday - Alstock £12 in advance or £15 on the gate', '12 - 17yr olds £7', and 'Under 12's Donation appreciated'. Ticket availability is noted as 'ONLINE from alstock.co.uk' and 'ALSO AVAILABLE FROM: MOODS, HOLE IN THE WALL, THE WEAVERS & THE HAIRSTORE'. On the right, the 'This Years Line Up' includes 'Land of the Giants Shanty', 'Company B', 'The Soul Stroke', '3 Minute Warning', 'Joe Cocker Legend', 'RockIn' the Joint', and '& MORE TO BE ANNOUNCED'. Below this, it mentions '+ 2ND ACOUSTIC STAGE' with 'Beer Tent, Refreshments, Etc...'. A separate box for 'Friday 13th July @ 7.30pm' features 'Johnny Cowling & Small Wonder' with 'Limited availability tickets only £12'. The bottom of the poster features silhouettes of people with their arms raised, social media icons for Facebook and Twitter, the website 'www.alstock.co.uk', and the text 'Supporting local charities' and 'No alcohol to be brought into the festival site.'

It is always advisable to check with the venue before starting your journey.  
Large print version available – Please ask

# July Events

(if you would like a large print version, please don't hesitate to ask us)

Date	Details
Sun 1st	<p><b>Bodmin Car Boot</b> PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p><b>Bodmin junior parkrun</b> PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. <a href="http://www.parkrun.org.uk/bodmin.juniors/">www.parkrun.org.uk/bodmin.juniors/</a> please sign-up and print off your barcode for a free time result.</p> <p><b>The Trench at Bodmin - 15th</b> PL31 1EG, Cornwall's Regimental Museum, Lostwithiel Road, Bodmin. As part of Cornwall's First World War commemorations in 2018, Collective Arts, Cornwall's Regimental Museum and Bodmin &amp; Wenford Railway present an intense and immersive theatrical experience. For more information please visit <a href="http://www.cornwalls-regimentalmuseum.org/trench-bodmin">www.cornwalls-regimentalmuseum.org/trench-bodmin</a></p>
Mon 2nd	<p><b>Shire Hall Gallery Exhibition with Liz Newberry - 21st</b> PL31 2DQ, Shire Hall, Mount Folly, Bodmin. Mon-Sat 08:45 – 5:00. Free admission</p> <p><b>Stroll Back The Years</b> PL30 5LX. Grogley Halt towards Wadebridge. Start: 10:00 am Level: 1 Free parking at Grogley, via Nan-stallon. For more info ☎ 01208 73182.</p> <p><b>Guided Walks around Historic Lostwithiel</b> PL22 0HA. Meet at Lostwithiel community centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p>
Tues 3rd	<p><b>Murder Mystery on Bodmin and Wenford Railway</b> PL31 1AQ. Bodmin General, Lostwithiel Road. Solve a murder mystery whilst enjoying a steam train journey. Train departs at 7:00pm Adults £19.50, Child £10, Family £55 Fares includes a Pasty Supper served at your seat. Booking essential <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a> or ☎ 01208 73555</p>
Weds 4th	<p><b>Bodmin Women's Running Club</b> Meeting at various locations throughout Bodmin at 6pm. Can be contacted via their website <a href="http://www.bodminwomensrunningclub.co.uk">www.bodminwomensrunningclub.co.uk</a></p>
Thurs 5th	<p><b>Country Market in Wadebridge Town Hall</b> PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts &amp; crafts. For more info ☎ 01208 832398</p> <p><b>Scary Cinema Night @ Bodmin Jail – Amityville Haunting</b> PL31 2NR Berrycoombe Road, Bodmin Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starting at 9pm, Tickets are £20 over 18's only. <a href="http://www.bodminjail.org">www.bodminjail.org</a></p>
Fri 6th	<p><b>Rock Oyster Festival – 7<sup>th</sup></b> PL27 7HU Roskear Farm, St Breock, Wadebridge. A celebration of food, music and art. For more info: <a href="http://www.rockoysterfestival.co.uk">www.rockoysterfestival.co.uk</a></p> <p><b>Padstow Vintage Rally &amp; Country Fair – 8<sup>th</sup></b> PL28 8RU. A fun-packed event including vintage &amp; steam engines, music, food &amp; beer, children's entertainment! For more information please contact ☎ 01841 550442 or go to <a href="http://www.padstow-rally.co.uk">www.padstow-rally.co.uk</a>.</p>

	<p><b>Bodmin Lions Bingo</b> PL31 2DQ. Shire House Suite, Bodmin. Starts at 7.30pm. For more details please call ☎ 01208 73001.</p> <p><b>Bodmin Folk Club</b> PL31 2DP. The Parish Centre, Priory Road, Bodmin. Members Showcase. Members £4.00 Non Members £5.00. Start 8:15 pm. For more information <a href="http://www.bodminfolk.co.uk">www.bodminfolk.co.uk</a></p>
Sat 7th	<p><b>Branchline Day at Bodmin &amp; Wenford Railway</b> PL31 1AQ. Bodmin General Station, Lostwithiel Road. Step back into the 1960s for a day of steam action featuring the Auto Train and locomotive-hauled stock. For more info <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a> ☎ 01208 73555</p> <p><b>Lanhydrock Park Run</b> PL30 5AD. Enjoy this free family 5k around the parkland. It's not a race but a timed run, suitable for everybody. 9am-10am. For further details ☎ 01208 265590 or visit <a href="http://www.nationaltrust.org.uk/events">www.nationaltrust.org.uk/events</a></p> <p><b>Eden Project parkrun</b> PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit <a href="http://www.edenproject.com/visit/whats-on">www.edenproject.com/visit/whats-on</a></p> <p><b>Lanhydrock Car Boot</b> PL30 4AW Turfdown Roundabout, Bodmin. Gates open for sellers from 8am, buyers will be allowed in to sellers area from 10am. For more information please visit <a href="http://www.lanhydrockcarboot.com">www.lanhydrockcarboot.com</a></p> <p><b>The Trench at Bodmin - 15th</b> PL31 1EG, Cornwall's Regimental Museum, Lostwithiel Road, Bodmin. As part of Cornwall's First World War commemorations in 2018, Collective Arts, Cornwall's Regimental Museum and Bodmin &amp; Wenford Railway present an intense and immersive theatrical experience. For more information please visit <a href="http://www.cornwalls-regimentalmuseum.org/trench-bodmin">www.cornwalls-regimentalmuseum.org/trench-bodmin</a></p>
Sun 8th	<p><b>Bodmin Car Boot</b> PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p><b>Bodmin junior parkrun</b> PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. <a href="http://www.parkrun.org.uk/bodmin.juniors/">www.parkrun.org.uk/bodmin.juniors/</a> please sign-up and print off your barcode for a free time result.</p>
Mon 9th	<p><b>Shire Hall Gallery Exhibition with Liz Newberry - 21st</b> PL31 2DQ, Shire Hall, Mount Folly, Bodmin. Mon-Sat 08:45 – 5:00. Free admission</p> <p><b>Stroll Back The Years</b> PL26 8NF. Goss Moor. Start's at 10am. Level 1. Free parking at Tregoss, Bodmin side just off A30 Grid Ref: 960610. For more info ☎ 01208 73182.</p> <p><b>Dementia – Friendly Walking Group</b> PL30 4AL Meeting at Cardinham Woods Car Park, for a short walk around Cardinham Woods. For more details ring 01726 222900</p> <p><b>Guided Walks around Historic Lostwithiel</b> PL22 0HA. Meet at Lostwithiel community centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p>

	<p><b>St Tudy Carnival Quiz Night</b> PL30 3ND. St Tudy Village Hall. All proceeds to St Tudy Carnival 2019. Bring your own nibbles. £2 per person, max 6 people per team. 7:30pm for 8:00pm</p>
Tues 10th	<p><b>Bodmin Local History Group – Monthly Talk</b> PL31 1AZ, Scout Hut, Castle Canyke Road, Bodmin. An illustrated talk by Carole Vivian – Architecture in Cornwall. Meetings start at 7:30 pm, guests are welcome. For more details – Ken ☎ 01208 72990</p> <p><b>Murder Mystery on Bodmin and Wenford Railway</b> PL31 1AQ. Bodmin General, Lostwithiel Road. Solve a murder mystery whilst enjoying a steam train journey. Train departs at 7:00pm Adults £19.50, Child £10, Family £55 Fares includes a Pasty Supper served at your seat. Booking essential <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a> or ☎ 01208 73555</p>
Weds 11th	<p><b>Bodmin Women’s Running Club</b> Meeting at various locations throughout Bodmin at 6pm. Can be contacted via their website <a href="http://www.bodminwomensrunningclub.co.uk">www.bodminwomensrunningclub.co.uk</a></p> <p><b>Bodmin Gaolbirds WI</b> PL31 1EG. The Keep, Castle Canyke Road, Bodmin. Talk on ‘The Work of St Austell Foodbank’ with Nigel Day at 7pm. For more information contact Shirley Trewin on ☎ 01208 592155.</p>
Thurs 12th	<p><b>Country Market in Wadebridge Town Hall</b> PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts &amp; crafts. For more info ☎ 01208 832398</p> <p><b>Scary Cinema Night @ Bodmin Jail – The Omen 2</b> PL31 2NR Berrycoombe Road, Bodmin Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starting at 9pm, tickets are £20 over 18’s only. <a href="http://www.bodminjail.org">www.bodminjail.org</a></p>
Fri 13th	<p><b>Bodmin Lions Bingo</b> PL31 2DQ. Shire House Suite, Bodmin. Starts at 7.30pm. For more details please call ☎ 01208 73001.</p> <p><b>Family Friendly Disco</b> PL30 3AT, St Tudy Playing Field. Disco, bar and food in the carnival marquee, everyone welcome. 5:30pm-9:30pm</p> <p><b>Bodmin Folk Club</b> PL31 2DP. The Parish Centre, Priory Road, Bodmin. Open House. 8.15pm-11pm. Members £3, Non-Members £3.50. For more information <a href="http://www.bodminfolk.co.uk">www.bodminfolk.co.uk</a></p>
Sat 14th	<p><b>Lanhydrock Park Run</b> PL30 5AD. Enjoy this free family 5k around the parkland. It’s not a race but a timed run, suitable for everybody. 9am-10am. For further details ☎ 01208 265590 or visit <a href="http://www.nationaltrust.org.uk/events">www.nationaltrust.org.uk/events</a></p> <p><b>Eden Project parkrun</b> PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For further information please visit <a href="http://www.edenproject.com">www.edenproject.com</a></p> <p><b>Lanhydrock Car Boot</b> PL30 4AW Turfdown Roundabout, Bodmin. Gates open for sellers from 8am, buyers will be allowed in to sellers area from 10am. For more information please visit <a href="http://www.lanhydrockcarboot.com">www.lanhydrockcarboot.com</a></p> <p><b>St Tudy Carnival</b> PL30 3AT. St Tudy Playing Field. Hog Roast, Bar and Afterparty with Rite on Cue. %:30pm – until late...!</p>

	<p><b>Alstock 2018</b> PL31 2DQ. Priory Park, Bodmin. Starts midday. Bodmin's annual, charity music festival held in memory of Al Hodge. With music from Land of Giants and more! For more info <a href="http://www.facebook.com/Alstockfestival">www.facebook.com/Alstockfestival</a></p>
Sun 15th	<p><b>Bodmin Car Boot</b> PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p><b>Bodmin junior parkrun</b> PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. <a href="http://www.parkrun.org.uk/bodmin.juniors/">www.parkrun.org.uk/bodmin.juniors/</a> please sign-up and print off your barcode for a free time result.</p> <p><b>The Trench at Bodmin – Last performance</b> PL31 1EG, Cornwall's Regimental Museum, Lostwithiel Road, Bodmin. As part of Cornwall's First World War commemorations in 2018, Collective Arts, Cornwall's Regimental Museum and Bodmin &amp; Wenford Railway present an intense and immersive theatrical experience. For more information please visit <a href="http://www.cornwalls-regimentalmuseum.org/trench-bodmin">www.cornwalls-regimentalmuseum.org/trench-bodmin</a></p>
Mon 16th	<p><b>Shire Hall Gallery Exhibition with Liz Newberry - 21st</b> PL31 2DQ, Shire Hall, Mount Folly, Bodmin. Mon-Sat 08:45 – 5:00. Free admission</p> <p><b>Stroll Back The Years</b> PL31 2RD. Borough Arms – Camel Trail. Start: 10:00 am Level: 1 Free Parking behind the Borough Arms Pub. Grid Ref: 047675 For more info ☎ 01208 73182.</p> <p><b>Guided Walks around Historic Lostwithiel</b> PL22 0HA. Meet at Lostwithiel community centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p>
Tues 17th	<p><b>Bodmin WI</b> PL31 2HR, Upper Room, Methodist Church, Fore Street, Bodmin. 2:00-4:30. This month's speaker: Wiltshire Farm Foods. Competition: Flower/Vegetable Animal</p> <p><b>Murder Mystery on Bodmin and Wenford Railway</b> PL31 1AQ. Bodmin General, Lostwithiel Road. Solve a murder mystery whilst enjoying a steam train journey. Train departs at 7:00pm Adults £19.50, Child £10, Family £55 Fares includes a Pasty Supper served at your seat Booking essential <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a> or ☎ 01208 73555</p>
Weds 18th	<p><b>Bodmin Women's Running Club</b> Meeting at various locations throughout Bodmin at 6pm. Can be contacted via their website <a href="http://www.bodminwomensrunningclub.co.uk">www.bodminwomensrunningclub.co.uk</a></p> <p><b>Sika in concert at Carnglaze Caverns</b> PL14 6HQ. Sika will be creating another enchanting concert within a cave, playing his Didjeridoos, Flutes, Drums, Rattles and Stones. Starts 8pm. For more details and tickets visit <a href="http://www.carnglazecaverns.com">www.carnglazecaverns.com</a></p>
Thurs 19th	<p><b>Country Market in Wadebridge Town Hall</b> PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts &amp; crafts. For more info ☎ 01208 832398</p> <p><b>Scary Cinema Night @ Bodmin Jail – Before I wake</b> PL31 2NR Berrycoombe Road, Bodmin Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starting at 9pm, tickets are £20 over 18's only. <a href="http://www.bodminjail.org">www.bodminjail.org</a></p>

<p>Fri 20th</p>	<p><b>Bodmin Lions Bingo</b> PL31 2DQ. Shire House Suite, Bodmin. Starts at 7.30pm. For more details please call ☎ 01208 73001.</p> <p><b>Bodmin Folk Club</b> PL31 2DP. The Parish Centre, Priory Road, Bodmin. Rob Murch and Michelle Holding 8.15pm-11pm. Members £6.50 - Non-Members £8.00 For more information <a href="http://www.bodminfolk.co.uk">www.bodminfolk.co.uk</a></p> <p><b>'ABBA' Take a Chance at Carnglaze Caverns</b> PL14 6HQ. To launch the start of summer a concert to come and enjoy, sing and dance to celebrating the start of the summer holiday season. For details and tickets visit <a href="http://www.carnglazecaverns.com">www.carnglazecaverns.com</a></p>
<p>Sat 21st</p>	<p><b>Bodmin Farmers Market</b> Bodmin Plant Nursery, Laveddon Mill, PL30 5JU. 10am – 2pm. Lots of locally produced food and more. For more info: ☎ 01208 72837</p> <p><b>Lanhydrock Park Run</b> PL30 5AD. Enjoy this free family 5k around the parkland. It's not a race but a timed run, suitable for everybody. 9am-10am. For further details ☎ 01208 265590 or visit <a href="http://www.nationaltrust.org.uk/events">www.nationaltrust.org.uk/events</a></p> <p><b>Lanhydrock Car Boot</b> PL30 4AW Turfdown Roundabout, Bodmin. Gates open for sellers from 8am, buyers will be allowed in to sellers area from 10am. For more information please visit <a href="http://www.lanhydrockcarboot.com">www.lanhydrockcarboot.com</a></p> <p><b>Eden Project parkrun</b> PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For further information please visit <a href="http://www.edenproject.com">www.edenproject.com</a></p> <p><b>Steam, Beer and Jazz at Bodmin &amp; Wenford Railway</b> PL31 1AQ. Bodmin General Station, Lostwithiel Road. Come and enjoy the live music of the Pennyroyal Jazz Band, together with the sight, sound, and smell of a working steam locomotive. 6pm start. For more info <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a> ☎ 01208 73555</p> <p><b>Space Exhibition @ Eden Project ( until 2<sup>nd</sup> Sept)</b> PL24 4AW Children's Summer Holiday Activity at Eden Project. Running everyday from today until 2<sup>nd</sup> September. It's an all new space adventure, where you get to be a tourist in the farthest reaches of our galaxy, and enjoy out of this world experiences. Maybe you'll have some strange tales of alien encounters to share when you're done... <a href="http://www.edenproject.com/visit/whats-on/expedition-space">www.edenproject.com/visit/whats-on/expedition-space</a></p>
<p>Sun 22nd</p>	<p><b>Bodmin Car Boot</b> PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p><b>Bodmin junior parkrun</b> PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. <a href="http://www.parkrun.org.uk/bodmin.juniors/">www.parkrun.org.uk/bodmin.juniors/</a> please sign-up and print off your barcode for a free time result.</p>
<p>Mon 23rd</p>	<p><b>Stroll Back The Years</b> PL22 0HE. Lostwithiel Walk Start's at 9.30am. Level 3. Free Parking at Lostwithiel Community Centre. Grid Ref: 105598 For more info ☎ 01208 73182.</p> <p><b>Guided Walks around Historic Lostwithiel</b> PL22 0HA. Meet at Lostwithiel community centre at 11am, tour lasts for approx 1½ hours. £3.50.</p>



	<p>Weather permitting. Call ☎ 01208 873341 for more details.</p> <p><b>Dementia – Friendly Walking Group</b>  PL22 0QL River Lerryn, Meeting in the free car park by the river, for a short walk. For more details ring 01726 222900</p>
Tues 24th	<p><b>Murder Mystery on Bodmin and Wenford Railway</b>  PL31 1AQ. Bodmin General, Lostwithiel Road. Solve a murder mystery whilst enjoying a steam train journey. . Train departs at 7:00pm Adults £19.50, Child £10, Family £55 Fares includes a Pasty Supper served at your seat Booking essential <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a> or ☎ 01208 73555</p>
Weds 25th	<p><b>Bodmin Women’s Running Club</b>  Meeting at various locations throughout Bodmin at 6pm. Can be contacted via their website <a href="http://www.bodminwomensrunningclub.co.uk">www.bodminwomensrunningclub.co.uk</a></p> <p><b>Bodmin Gaolbirds WI – Craft Club</b>  PL31 1EG, The Keep, Castle Canyke Road, Bodmin. This month ‘UFO’ - Bring your unfinished items and get our Crafters to help you. WI members £2.95 Non members £4.95. From 7:00pm-9:30pm</p>
Thurs 26th	<p><b>Country Market in Wadebridge Town Hall</b>  PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts &amp; crafts. For more info ☎ 01208 832398</p> <p><b>Port Eliot Festival – 29th</b>  PL25 5ND, St Germans, Saltash. This four day festival is a magical combination of books, food, music, art, comedy, films, fashions, flowers, wildlife and water – which defies categorisation. For more info: <a href="http://www.porteliotfestival.co.uk">www.porteliotfestival.co.uk</a></p> <p><b>Launceston Agricultural Show</b>  PL15 7EZ. A wonderful, vibrant day out for all the family to experience and enjoy with a varied selection of entertainment during the day. Tickets – Adults £12 &amp; ages 5-16 £3. For more info: <a href="http://www.launcestonshow.co.uk">www.launcestonshow.co.uk</a></p> <p><b>Scary Cinema Night @ Bodmin Jail – Insidious 2</b>  PL31 2NR Berrycoombe Road, Bodmin Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starting at 9pm, Tickets are £20 over 18’s only. <a href="http://www.bodminjail.org">www.bodminjail.org</a></p>
Fri 27th	<p><b>Bodmin Area Community Choir</b>  PL31 1AW. Beacon Scout Hut, Beacon Road. 10.30am-12noon. £5 per session. No auditions, beginners and experienced singers all welcome. For further information please call Neil Shepherd ☎ 07746 492266 or visit <a href="http://www.cornwallsing.com">www.cornwallsing.com</a></p> <p><b>Bodmin Lions Bingo</b>  PL31 2DQ. Shire House Suite, Bodmin. Starts at 7.30pm. For more details please call ☎ 01208 73001.</p> <p><b>Bodmin Folk Club</b>  PL31 2DP. The Parish Centre, Priory Road, Bodmin. Open House. 8.15pm-11pm. Members £3, Non-Members £3.50 For more information <a href="http://www.bodminfolk.co.uk">www.bodminfolk.co.uk</a></p> <p><b>Boconnoc Steam Fair – 29<sup>th</sup></b>  PL22 0RG, Boconnoc Estate, Lostwithiel. Over seventy full size and miniature steam, vintage vehicles and fun for all the family Tickets Adult - £8, child - £5, Senior - £7, and family - £24 for more details visit <a href="http://www.lsvc.org">www.lsvc.org</a></p>

Sat 28th	<p><b>Branchline Day at Bodmin &amp; Wenford Railway</b>  PL31 1AQ. Bodmin General Station, Lostwithiel Road. Step back into the 1960s for a day of steam action featuring the Auto Train and locomotive-hauled stock. For more info <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a>  ☎ 01208 73555</p> <p><b>Lanhydrock Park Run</b>  PL30 5AD. Enjoy this free family 5k around the parkland. It's not a race but a timed run, suitable for everybody. 9am-10am. For further details ☎ 01208 265590 or visit <a href="http://www.nationaltrust.org.uk/events">www.nationaltrust.org.uk/events</a></p> <p><b>Lanhydrock Car Boot</b>  PL30 4AW Turfdown Roundabout, Bodmin. Gates open for sellers from 8am, buyers will be allowed in to sellers area from 10am. For more information please visit <a href="http://www.lanhydrockcarboot.com">www.lanhydrockcarboot.com</a></p> <p><b>Eden Project parkrun</b>  PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For further information please visit <a href="http://www.edenproject.com">www.edenproject.com</a></p> <p><b>Wadebridge Carnival</b>  PL27 7AE. Family fun starts at 2pm in jubilee field with games, food, rides and more! Judging at 6pm in Egloshayle playing fields then the procession at 7pm from the playing fields to jubilee field. This will be followed by live music, a BBQ and bar with a grand fireworks display at 9.30pm! Please see <a href="http://www.facebook.com/wadebridgecarnival">www.facebook.com/wadebridgecarnival</a> for more info.</p>
Sun 29th	<p><b>Bodmin Car Boot</b>  PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p><b>Bodmin junior parkrun</b>  PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. <a href="http://www.parkrun.org.uk/bodmin.juniors/">www.parkrun.org.uk/bodmin.juniors/</a> please sign-up and print off your barcode for a free time result.</p> <p><b>Quiz and Curry Night @ Bodmin Jail</b>  PL31 2NR Held on the last Sunday of each month – join us for a team quiz and treat yourself to a homemade curry. Teams of no more than 6 people please £2pp – team places MUST be reserved in advance by booking online or ☎ 01208 76292 to secure a table. <a href="http://www.bodminjail.org/event-directory">www.bodminjail.org/event-directory</a></p>
Mon 30th	<p><b>Stroll Back The Years</b>  PL30 Helland Bridge. Start's at 10am. Level 1. Free Parking at Camel Trail. Grid Ref: 064714 For more info ☎ 01208 73182.</p> <p><b>Guided Walks around Historic Lostwithiel</b>  PL22 0HA. Meet at Lostwithiel community centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p> <p><b>Looe Carnival Week – 4<sup>th</sup> Aug</b>  PL13 1AA. Seven days of fun including the Floral Dance, a fun run, a sand modelling competition, the carnival parade and more! For more info <a href="http://www.looelions.co.uk/carnival">www.looelions.co.uk/carnival</a></p>
Tues 31st	<p><b>Murder Mystery on Bodmin and Wenford Railway</b>  PL31 1AQ. Bodmin General, Lostwithiel Road. Solve a murder mystery whilst enjoying a steam train journey. Train departs at 7:00pm Adults £19.50, Child £10, Family £55 Fares includes a Pasty Supper served at your seat Booking essential <a href="http://www.bodminrailway.co.uk">www.bodminrailway.co.uk</a> or ☎ 01208 73555</p>

**NOTE: It is always advisable to check with the venue before traveling**

*This information has been compiled by Bodmin Visitor Information Centre , Tourism Award winners since 2002 and Current Silver Winners at the Cornwall Tourism Awards and South West Tourism Awards. With compliments, Bodmin Information Centre ☎ 01208 76616.*