

Cornwall Events Guide

January 2019



It is always advisable to check with the venue before starting your journey ☎ 01208 76616.

This events list has been compiled by Bodmin Visitor Information Centre, Tourism Award winners since 2002 and current Gold Winners at the Cornwall Tourism Awards

January Events

.....(if you would like a large print version, please don't hesitate to ask us)

Date	Details
Tues 1st	<p>Charity Open Day at The Lost Gardens of Heligan PL26 6EN, Pentewan, St Austell. 10am – 5pm (last entry 3.30pm). The Lost Gardens of Heligan once again opens its gates in aid of local charities on New Year's Day 2019. Whilst no garden admission charges are made on these special days, visitors are encouraged to make a minimum £2 per person donation to our nominated charities. www.heligan.com</p>
Wed 2nd	<p>Bodmin Women's Running Club Meet at 6pm at various locations around Bodmin. Can be contacted via their website www.bodminwomensrunningclub.co.uk or on or ☎ 07722 354677</p> <p>Fitness Classes – Kernow Yoyalates PL30 5AE Kernow Yoyalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga:chill @ 8pm. You can choose to attend both classes or just the one. Booking is essential. For more information and to book please call Alex ☎ 0797322173 or email alexfitinfo@gmail.com</p>
Thurs 3rd	<p>Country Market in Wadebridge Town Hall PL27 7AQ 08.45 – 12:30. Local produce, plants, arts and crafts. For more info ☎ 01208 814654</p> <p>Scary Cinema Night at Bodmin Jail – Cold Moon PL31 2NR Every Thursday night, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium to discover the past and other worldly residents of this historic building. Film starting at 9pm, Tickets are £20, over 18's only. www.bodminjail.org</p>
Fri 4th	<p>Bodmin Lions Bingo PL31 2DQ. Shire Hall Suite, Bodmin. Starts at 7.30pm. For more details call ☎ 01208 73001</p> <p>Yoga:Strong – Kernow Yoyalates PL30 5AE Kernow Yoyalates Studios, Trebyan, Lanhydrock. Yoga session starting at 7pm until 8.15pm. Booking is essential. For more information and to book please call Alex on 0797322173 or email alexfitinfo@gmail.com</p> <p>Bodmin Folk Club PL31 2JX. The Old Library, 10 Lower Bore Street. Open House Members £3, Non Members £3.50 Start 8.15pm. For more info www.bodminfolk.co.uk</p>
Sat 5th	<p>Bodmin Wassail PL31 2DQ. Bodmin celebrates the 395th traditional Wassail a day early this year with the 6th being a Sunday. Starting at noon in the Shire House Suite and will continue throughout the day at various locations across the town.</p> <p>Lanhydrock parkrun PL30 5AD. Free timed 5k run, walk, and jog every Saturday at 9am. Just register with Parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p> <p>Eden Project parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com</p>

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	<p>Bodmin Town Football Club PL31 2AE. Priory Park, Bodmin. Bodmin Town V Helston Athletic. Kick off 3pm ☎ 01208 78165</p>
Sun 6th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07.30am. Proceeds to Bodmin Youth Football Team</p> <p>Bodmin Junior Parkrun PL31 2NE. Hillside Park Road, Scarlett’s Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. Please sign-up and print off your barcode for a free time result www.parkrun.org.uk/bodmin.juniors/</p>
Mon 7th	<p>Stroll Back The Years PL30 4AH. Grid Ref:098636 Respryn to Bodmin Parkway. £1 car parking at Respryn bridge car park, free for NT members. Level 1 walk. Starts at 10.00am. For more details ☎ 01208 73182</p>
Tues 8th	<p>Bodmin Local History Group – Monthly Talk PL30 5HF. Truro Rd, Lanivet. No talk this month but a visit to St Benets Abbey instead at 7.30pm. For more details ☎ Ken Adams 01208 72990 or kennadams35@gmail.com</p>
Wed 9th	<p>Bodmin Women’s Running Club Meet at 6pm at various locations around Bodmin. Can be contacted via their website www.bodminwomensrunningclub.co.uk or on or on ☎ 07722 354677</p> <p>Bodmin Gaolbirds WI PL31 1EG, The Keep, Castle Canyke Road, Bodmin. This month Winter Flower arranging with Edna Trudgeon. Competition – Winter Flower Arrangement, 7:00-9:00pm. For more info ☎ 01208 592155</p> <p>Fitness Classes – Kernow Yoyalates PL30 5AE Kernow Yoyalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga:chill @ 8pm. You can choose to attend both classes or just the one. Booking is essential. For more information and to book please call Alex ☎ 0797322173 or email alexfitinfo@gmail.com</p>
Thurs 10th	<p>Country Market in Wadebridge Town Hall PL27 7AQ 08.45 – 12:30. Local produce, plants, arts and crafts. ☎ 01208 814654</p> <p>Scary Cinema Night at Bodmin Jail – Nocturne PL31 2NR Every Thursday night, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium to discover the past and other worldly residents of this historic building. Film starting at 9pm, Tickets are £20, over 18’s only. www.bodminjail.org</p>
Fri 11th	<p>Bodmin Lions Bingo PL31 2DQ. Shire Hall Suite, Bodmin. Starts at 7.30pm. For more details call. ☎ 01208 73001</p> <p>Bodmin Town Football Club PL31 2AE. Priory Park, Bodmin. Bodmin Town V Plymouth Argyle. Kick off 7:30pm ☎01208 78165</p> <p>Yoga:Strong – Kernow Yoyalates PL30 5AE Kernow Yoyalates Studios, Trebyan, Lanhydrock. Yoga session starting at 7pm until 8.15pm. Booking is essential. For more information and to book please call Alex on 0797322173 or email alexfitinfo@gmail.com</p>

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	<p>Bodmin Folk Club PL31 2JX. The Old Library, 10 Lower Bore Street. Members Showcase: Ben and Heather Lang. Members £4, Non Members £5 Start 8.15pm. For more info www.bodminfolk.co.uk</p>
Sat 12th	<p>Lanhydrock parkrun PL30 5AD. Free timed 5k run, walk, and jog every Saturday at 9am. Just register with Parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p> <p>Eden Project parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com</p>
Sun 13th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07.30am. Proceeds to Bodmin Youth Football Team</p> <p>Bodmin Junior Parkrun PL31 2NE. Hillside Park Road, Scarlett’s Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. Please sign-up and print off your barcode for a free time result www.parkrun.org.uk/bodmin.juniors/</p>
Mon 14th	<p>Stroll Back The Years PL31 2DQ. Grid Ref: 073668. Athelstan circular walk, level 2. Meet in Priory car park, fees apply. Starts 10:00am. For more details ☎ 01208 73182</p> <p>Dementia – Friendly Walking Group PL30 4AB. Meeting at Lanhydrock main car park, for a short walk on the estate from 1:00-3:00pm. For more details ☎ 01726 222900</p> <p>Bodmin and District Camera Club PL31 2HR. Methodist Church, Fore Street. Meet fortnightly at 7.15pm for 7:30pm start. All abilities. ☎ 01208 831285 or 01208 821850</p>
Tues 15th	<p>Bodmin Women’s Institute – Held in Downstairs Room Methodist Church 2.00pm – 4.30pm Talk by Jen Richard – A Travel Story. Competition – Flower/Holiday Photograph. For more information ☎ 01208 269808</p>
Wed 16th	<p>Bodmin Women’s Running Club Meet at 6pm at various locations around Bodmin. Can be contacted via their website www.bodminwomensrunningclub.co.uk or on or on ☎ 07722 354677</p> <p>Fitness Classes – Kernow Yoyalates PL30 5AE Kernow Yoyalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga:chill @ 8pm. You can choose to attend both classes or just the one. Booking is essential. For more information and to book please call Alex ☎ 0797322173 or email alexfitinfo@gmail.com</p>
Thurs 17th	<p>Country Market in Wadebridge Town Hall PL27 7AQ 08.45 – 12:30. Local produce, plants, arts and crafts. ☎ 01208 814654</p> <p>Scary Cinema Night at Bodmin Jail – Drag me to Hell PL31 2NR Every Thursday night, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium to discover the past and other worldly residents of this historic building. Film starting at 9pm, Tickets are £20, over 18’s only.</p>

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	www.bodminjail.org
Fri 18th	<p>Bodmin Lions Bingo PL31 2DQ. Shire Hall Suite, Bodmin. Starts at 7.30pm. For more details call. ☎ 01208 73001</p> <p>Yoga:Strong – Kernow Yogalates PL30 5AE Kernow Yogalates Studios, Trebyan, Lanhydrock. Yoga session starting at 7pm until 8.15pm. Booking is essential. For more information and to book please call Alex on 0797322173 or email alexfitinfo@gmail.com</p> <p>Bodmin Folk Club PL31 2JX. The Old Library, 10 Lower Bore Street. Baldrick's Plan. Members £7, Non Members £8.50 Start 8.15pm. For more info www.bodminfolk.co.uk</p>
Sat 19th	<p>Lanhydrock parkrun PL30 5AD. Free timed 5k run, walk, and jog every Saturday at 9am. Just register with Parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p> <p>Eden Project parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com</p> <p>Bodmin Farmers Market Bodmin Plant Nursery, Laveddon Mill PL30 5JU 10am – 2pm. Lots of locally produced foods, café open all day. For more info ☎ 01208 72837</p> <p>Bodmin Town Football Club PL10 1EN. Mill Road, Millbrook, Plymouth. Millbrook V Bodmin Town. Kick off 3pm ☎ 01208 78165</p>
Sun 20th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07.30am. Proceeds to Bodmin Youth Football Team</p> <p>Bodmin Junior Parkrun PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. Please sign-up and print off your barcode for a free time result www.parkrun.org.uk/bodmin.juniors/</p>
Mon 21st	<p>Stroll Back The Years PL22 0HE. Grid Ref:105598 Lostwithiel Walk, Please note earlier start 09:30 Level: 3 Free parking at Lostwithiel Community Centre. For more details ☎ 01208 73182</p>
Tues 22 ⁿ	
Wed 23rd	<p>Bodmin Women's Running Club Meet at 6pm at various locations around Bodmin. Can be contacted via their website www.bodminwomensrunningclub.co.uk or on or on ☎ 07722 354677</p> <p>Bodmin Gaolbirds WI – Crafts Club PL31 1EG, The Keep, Castle Canyons Road, Bodmin. This month Zantangle with Sally Butcher 7:00-9:00pm. Please see visit www.facebook.com/BodminGaolBirdsWI/ for any costs involved.</p> <p>Fitness Classes – Kernow Yogalates PL30 5AE Kernow Yogalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga:chill @ 8pm. You can choose to</p>

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	attend both classes or just the one. Booking is essential. For more information and to book please call Alex ☎ 0797322173 or email alexfitinfo@gmail.com
Thurs 24th	<p>Country Market in Wadebridge Town Hall PL27 7AQ 08.45 – 12:30. Local produce, plants, arts and crafts. ☎ 01208 814654</p> <p>The Passmore Edwards Legacy at The Old Library PL31 2JX, Lower Bore Street, Bodmin. An illustrated talk by Dean Evans on the life and good works of one of Cornwall's most active social and political reformers. In support of The Old Library's Next Chapter Campaign. Tickets £5, 7:30pm. For more info www.intobodmin.co.uk/boxoffice</p> <p>Scary Cinema Night at Bodmin Jail – Ghost Stories PL31 2NR Every Thursday night, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium to discover the past and other worldly residents of this historic building. Film starting at 9pm, Tickets are £20, over 18's only. www.bodminjail.org</p>
Fri 25th	<p>Bodmin Lions Bingo PL31 2DQ. Shire Hall Suite, Bodmin. Starts at 7.30pm. For more details call. ☎ 01208 73001</p> <p>Yoga:Strong – Kernow Yogalates PL30 5AE Kernow Yogalates Studios, Trebyan, Lanhydrock. Yoga session starting at 7pm until 8.15pm. Booking is essential. For more information and to book please call Alex on 0797322173 or email alexfitinfo@gmail.com</p> <p>Bodmin Folk Club PL31 2JX. The Old Library, 10 Lower Bore Street. Open House Members £3, Non Members £3.50 Start 8.15pm. For more info www.bodminfolk.co.uk</p>
Sat 26th	<p>Bodmin Car Boot Sale – Priory Car Park PL31 2DQ. From 07.30am. Proceeds to Bodmin Youth Football Team</p> <p>Lanhydrock parkrun PL30 5AD. Free timed 5k run, walk, and jog every Saturday at 9am. Just register with Parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p> <p>Eden Project parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com</p> <p>Bodmin Town Football Club PL31 2AE. Priory Park, Bodmin. Bodmin Town V Torpoint Athletic. Kick off 3pm ☎ 01208 78165</p> <p>Pete Canter & Matt Johns at The Old Library PL31 2JX, Lower Bore Street, Bodmin. An evening of melodic and groovy jazz. From 7:30pm, tickets £8. For more info www.intobodmin.co.uk/boxoffice</p>
Sun 27th	<p>Bodmin Junior Parkrun PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. Please sign-up and print off your barcode for a free time result www.parkrun.org.uk/bodmin.juniors/</p> <p>Quiz and Curry Night @ Bodmin Jail PL31 2NR. Held on the last Sunday of each month and by our very own entertaining Quiz Master – join</p>

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	<p>us for a team quiz and treat yourself to a homemade curry. Teams of no more than 6 people please £2pp – team places MUST be reserved in advance by booking online or ☎ 01208 76292 to secure a table. There is no charge to book your place. www.bodminjail.org</p>
<p>Mon 28th</p>	<p>Stroll Back The Years PL30 4AH. Respryn to Lanhydrock House. Start's at 10am. Level 3. £1 car parking, free for NT members at Respryn Bridge car park. For further information please contact 01208 73182.</p> <p>Dementia – Friendly Walking Group PL30 4AL. Meeting at Cardinham Woods main car park, for a short walk in the woods, 1:00-3:00pm. For more details ☎ 01726 222900</p> <p>Bodmin and District Camera Club PL31 2HR. Methodist Church, Fore Street. Meet fortnightly at 7.15pm for 7:30pm start. All abilities, for more info ☎ 01208 831285 or 01208 821850</p>
<p>Tues 29th</p>	
<p>Wed 30th</p>	<p>Singing Workshop 'A Jolly Good Sing' at The Old Library PL31 2JX, Lower Bore Street, Bodmin. Come along and sing songs of joy, sadness and beauty from near and far led by Neal Jolly. No experience necessary, all songs taught by ear, in a supportive environment. From 9:45am-12pm, tickets £5. For more info www.intobodmin.co.uk/boxoffice</p> <p>Bodmin Women's Running Club Meet at 6pm at various locations around Bodmin. Can be contacted via their website www.bodminwomensrunningclub.co.uk or on or on ☎ 07722 354677</p> <p>Fitness Classes – Kernow Yogalates PL30 5AE Kernow Yogalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga:chill @ 8pm. You can choose to attend both classes or just the one. Booking is essential. For more information and to book please call Alex ☎ 0797322173 or email alexfitinfo@gmail.com</p>
<p>Thurs 31st</p>	<p>Country Market in Wadebridge Town Hall PL27 7AQ 08.45 – 12:30. Local produce, plants, arts and crafts. ☎ 01208 814654</p> <p>Scary Cinema Night at Bodmin Jail – Salem's Lot PL31 2NR Every Thursday night, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium to discover the past and other worldly residents of this historic building. Film starting at 9pm, Tickets are £20, over 18's only. www.bodminjail.org</p>